

Supporting the transition to Wales Skills for Life 2027

# BTEC PERSONAL GROWTH & WELLBEING

Building happier, healthier and brighter futures

BTEC Personal Growth & Wellbeing (PGW) develops students' life skills, creates engaging conversations about big issues, and promotes progression to further study and future employment.

Available at Level 1 and Level 2, students can achieve **accredited qualifications with GCSE equivalency** via our ready-made, engaging workbooks or on our digital platform - no additional resources required.

## THE SWEET COMMUNITY

We are proud to be trusted by over 250 centres and 20,000 students across the UK and internationally.

66

91% of centres say

Sweet qualifications have improved students' outcomes and grades

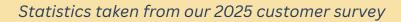
95% of centres say

The resources have a lasting impact on students' skills or knowledge

100% of centres say

The resources help students apply what they've learned in real-life contexts or future settings







## WHO IS IT FOR?

BTEC PGW is a qualification aimed at students aged 12+, and can be delivered in schools, colleges and alternative education settings.

Available at Level1 and Level2, the qualification is suitable for a range of abilities.

The qualification covers the Wales AoLE of Health & Wellbeing, and the RSE Code.



## WHAT'S INVOLVED?

Students can complete up to eight units, covering emotional, physical, social, financial, environmental, and personal development.

Flexible qualification sizes allow you to tailor learning to your context; from completing a single unit (Subsidiary Award, 0.25 GCSE equivalency) to all available units (Extended Certificate, 2 GCSE equivalency).

## **QUALIFICATION SIZES**

Level 1	Name	No. of units	GCSE equivalency	QW code	Performance points
	Subsidiary Award	1 unit (30 GLH)	0.25 GCSE D-G	C00/4177/5	6.25
	Award	2 units (60 GLH)	0.5 GCSE D-G	C00/4177/6	12.5
	Certificate	4 units (120 GLH)	1 GCSE D-G	C00/4177/7	25
	Extended Certificate	7 units (210 GLH)	2 GCSEs D-G	C00/4177/8	50

Level 2	Name	No. of units	GCSE equivalency	QW code	Performance points
	Subsidiary Award	1 unit (24 GLH)	0.25 GCSE A*-C	C00/4129/9	11.5
	Award	3 units (72 GLH)	0.5 GCSE A*-C	C00/4705/7	23
	Certificate	5 units (120 GLH)	1 GCSE A*-C	C00/4130/1	46
	Extended Certificate	8 units (192 GLH)	2 GCSEs A*-C	C00/4130/2	92

## **DELIVERING BTEC PGW**

Sweet supports your delivery every step of the way:

- Ready-made student workbooks and online platform at Level 1 and Level 2
- No compulsory units choose the combination that best suits your learners
- No exam and no planning or preparation for teachers it's all done for you

## THE UNITS

#### PHYSICAL HEALTH AND WELLBEING

- Nutrition, exercise and body positivity
- The dangers of smoking, alcohol and drugs

#### **EMOTIONAL WELLBEING**

- Mental health, self-care and mindfulness
- The impact of social media on self-esteem

#### SOCIAL HEALTH AND WELLBEING

- Healthy relationships, peer pressure and bullying
- · Harassment, discrimination and hate crime

#### SEXUAL HEALTH AND WELLBEING

- Consent, safety, contraception, STIs and pregnancy
- LGBT+ issues and violence against women

#### **PERSONAL IDENTITY**

- Our influences, attitudes, beliefs and values
- · Empathy and respect for other people

#### **ENVIRONMENTAL AWARENESS**

- Climate change, pollution, recycling and waste
- Local environmental issues and campaigns

#### FINANCIAL AWARENESS

- · Savings, bills, budgeting and keeping money safe
- Understanding payslips, deductions and tax

#### PERSONAL PROGRESSION

- Progression plans, goals and career advice
- Job applications, CVs and interview guidance

## TEACHER SUPPORT

As well as student resources, teachers gain access to a suite of materials to help deliver the qualification. This includes PowerPoints, mark schemes, flashcards, sample answers, and more.

Your dedicated IQA will also support you throughout the qualification and manage all administration, registration, claims and certification - saving you time and effort.



## **HOW TO GET STARTED**

If you're interested in delivering the BTEC Personal Growth & Wellbeing qualification with Sweet, we'd love to hear from you.

Get in touch with us for a no-obligation discussion about how we can support you and your learners.

## 01. Book staff training

Personalised sessions, delivered online. Email info@sweet.education to book.

First member of staff . . . . . £275.00 Additional members of staff . . . £100.00

### 02. Order resources

Order e-Sweet with your IQA, or order books at www.sweet.education/shop

Set of 8 books . . . . . . . . . . £26.95 Individual book . . . . . . . . . £5.00 e-Sweet log in . . . . . . £18.95

## 03. Register students

Register learners with your dedicated Sweet Internal Quality Assurer (IQA).

Subsidiary Award . . . . £36.15 Award ......£53.10 Certificate . . . . . . . . . £86.64 Extended Certificate . . . . £109.85

Students are accredited by our awarding organisation, Pearson.



VAT and postage costs apply. Resource and registration prices are per learner.

Visit our website www.sweet.education/shop

> to download a FREE digital sample of the PGW resource









