

BTEC PERSONAL GROWTH & WELLBEING

Building happier, healthier and brighter futures

BTEC Personal Growth & Wellbeing (PGW) develops students' life skills, creates engaging conversations about big issues, and promotes progression to further study and future employment.

Available at Level 1 and Level 2, students can achieve **accredited qualifications with GCSE equivalency** via our ready-made, engaging workbooks or on our digital platform - no additional resources required.

THE SWEET COMMUNITY

We are proud to be trusted by over 250 centres and 20,000 students across the UK and internationally.

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91%
of centres say

Sweet qualifications have improved students' outcomes and grades

95%
of centres say

The resources have a lasting impact on students' skills or knowledge

100%
of centres say

The resources help students apply what they've learned in real-life contexts or future settings

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Statistics taken from our 2025 customer survey



WHO IS IT FOR?

BTEC PGW is a qualification aimed at students aged 12+, and can be delivered in schools, colleges and alternative education settings.

Available at Level 1 and Level 2, the qualification is suitable for a range of abilities.

The qualification covers the PSHE and RSE curriculum in England.



WHAT'S INVOLVED?

Students can complete up to eight units, covering emotional, physical, social, financial, environmental, and personal development.

Flexible qualification sizes allow you to tailor learning to your context; from completing a single unit (Subsidiary Award, 0.25 GCSE equivalency) to all available units (Extended Certificate, 2 GCSE equivalency).

QUALIFICATION SIZES

Level 1	Name	No. of units	GCSE equivalency	Qualification no.
	Subsidiary Award	1 unit (30 GLH)	0.25 GCSE 3-1	603/6124/4
	Award	2 units (60 GLH)	0.5 GCSE 3-1	603/6125/6
	Certificate	4 units (120 GLH)	1 GCSE 3-1	603/6126/8
	Extended Certificate	7 units (210 GLH)	2 GCSEs 3-1	603/6127/X

Level 2	Name	No. of units	GCSE equivalency	Qualification no.
	Subsidiary Award	1 unit (24 GLH)	0.25 GCSE 9-4	603/6002/1
	Award	2 units (48 GLH)	0.5 GCSE 9-4	603/6003/3
	Certificate	5 units (120 GLH)	1 GCSE 9-4	603/6004/5
	Extended Certificate	8 units (192 GLH)	2 GCSEs 9-4	603/6005/7

DELIVERING BTEC PGW

Sweet supports your delivery every step of the way:

- **Ready-made student workbooks and online platform** - at Level 1 and Level 2
- **No compulsory units** - choose the combination that best suits your learners
- **No exam and no planning or preparation for teachers** - it's all done for you

THE UNITS

PHYSICAL HEALTH AND WELLBEING

- Nutrition, exercise and body positivity
- The dangers of smoking, alcohol and drugs

EMOTIONAL WELLBEING

- Mental health, self-care and mindfulness
- The impact of social media on self-esteem

SOCIAL HEALTH AND WELLBEING

- Healthy relationships, peer pressure and bullying
- Harassment, discrimination and hate crime

SEXUAL HEALTH AND WELLBEING

- Consent, safety, contraception, STIs and pregnancy
- LGBT+ issues and violence against women

PERSONAL IDENTITY

- Our influences, attitudes, beliefs and values
- Empathy and respect for other people

ENVIRONMENTAL AWARENESS

- Climate change, pollution, recycling and waste
- Local environmental issues and campaigns

FINANCIAL AWARENESS

- Savings, bills, budgeting and keeping money safe
- Understanding payslips, deductions and tax

PERSONAL PROGRESSION

- Progression plans, goals and career advice
- Job applications, CVs and interview guidance

TEACHER SUPPORT

As well as student resources, teachers gain access to a suite of materials to help deliver the qualification. This includes PowerPoints, mark schemes, flashcards, sample answers, and more.

Your dedicated IQA will also support you throughout the qualification and manage all administration, registration, claims and certification - saving you time and effort.



HOW TO GET STARTED

If you're interested in delivering the BTEC Personal Growth & Wellbeing qualification with Sweet, we'd love to hear from you.

Get in touch with us for a no-obligation discussion about how we can support you and your learners.

01. Book staff training

Personalised sessions, delivered online.
Email info@sweet.education to book.

First member of staff £275.00

Additional members of staff ... £100.00

02. Order resources

Order e-Sweet with your IQA, or order books at www.sweet.education/shop

Set of 8 books £26.95

Individual book £5.00

e-Sweet log in £18.95

03. Register students

Register learners with your dedicated Sweet Internal Quality Assurer (IQA).

Subsidiary Award £36.15

Award £53.10

Certificate £86.64

Extended Certificate £109.85

Students are accredited by our awarding organisation, Pearson.



VAT and postage costs apply. Resource and registration prices are per learner.

Visit our website
[**www.sweet.education/shop**](http://www.sweet.education/shop)

to download a
FREE digital
sample of the
PGW resource



[**info@sweet.education**](mailto:info@sweet.education)



[**www.sweet.education**](http://www.sweet.education)



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